The Cobourg Dragon Boat & Canoe Club

Sprint Paddling Programs

The sprint discipline involves training to paddle in racing kayaks and canoes. The Cobourg Dragon Boat & Canoe club offers paddlers the opportunity to train in: K-4, K-2, K-1 (kayaks for 4, 2, and 1 paddler(s)), C-4, C-2, C-1 (canoes for 4, 2, and 1 paddler(s)) and war canoe (C-15) which holds 14 paddlers and a steersperson.

Youth Programs Offered:

- FUNdamentals (Learn to Paddle)
- Competitive

Summer Day Camp:

- Session 1: July 18-22, 2011
- Session 2: July 25-29, 2011

Masters Programs Offered:

- Masters Sprint Kayak/Canoe—this program is for paddlers interested in training in the sprint canoes and kayaks. The masters division is for paddlers over the age of 25.
- Masters War Canoe—this program is for paddlers interested in training in the war canoe (15 paddlers).

For More Information:

- www.northumberland.com/dragonboat
- Email: cdbc@cogeco.ca